# Iowa City Hospice Visiting Nurse Association of Johnson County Iowa Care Community



Resilience

2022
Annual Report and Donor Roll

## From our CEO

Through a year full of changes and challenges, Iowa City Hospice, Visiting Nurse Association of Johnson County and Iowa Care

Community proved ourselves resilient, realistic, and committed to our mission.

I'm Sara Krieger, CEO of Iowa Care Community. I took over the role when Karla Kamal retired in July, but I am by no means new here. I started with Iowa City Hospice back in 2005. I've been a Certified Hospice and Palliative Care Nurse since 2008, have a bachelor's degree in nursing, and earned a Master of Health Administration degree from University of

2022 marked VNA's 73rd year, ICH's 39th year, and Iowa Care Community's first anniversary. It was also a year of dealing with fallout from the COVID pandemic and the flood of healthcare workers leaving the profession. For-profit hospice and home care companies continued to expand, merge and extend their reach.

I'm happy to report we weathered the storms. We discovered new flexibility. and ingenuity. We stood tall, and met our commitment to compassionate care for all of our neighbors.

We couldn't have done it without your support. The generous gifts of time and treasure from our donors warm our hearts and strengthen our spirits. It is inspiring to be welcomed into patients' homes. It's an honor to bring them comfort and confidence. And it is wonderful to be recognized by our community for the work we do.

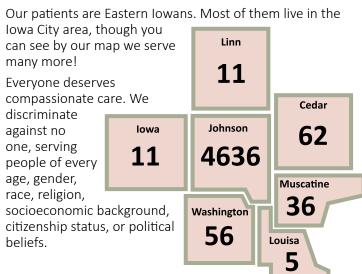
Thank you.

CEO, Iowa Care Community



# Who: The People We Serve

Iowa City Hospice serves anyone with advanced serious illness or a terminal diagnosis who meets hospice admission criteria and lives in our seven-county service area. Visiting Nurse Association brings skilled nursing care to patients deemed homebound (due to surgery, illness, accident, etc.) and referred by their physician. VNA also provides vaccines for ICCSD schools and local businesses, as well as multiple wellness clinics and activities for seniors.



Checking In:

and delicious ways to celebrate.

# What: The Right Care

Iowa City Hospice brought life-affirming care to more than **450 patients**, who stayed on our service an average of **68.7 days**. Routine Care is typical in-home hospice care. In-Patient Care takes place in a hospital setting. Respite Care gives caregivers a break from caregiving. Charity Care includes uninsured patients and nonreimbursed services.

> Routine Care **26,332** days Respite Care In-Patient Care **231** days 26,660 1,860 days

# Where: The Right Place

Studies and surveys consistently show most people prefer to receive their health care at home. ICH and VNA help make that happen, providing in-home care that allows our patients to stay in familiar surroundings and retain their independence longer.

Clinical and Organizational Compliance: We have made

great strides toward merging ICH and VNA policies and

Highest Possible Clinical Outcomes: Our clinical leadership

and quality team continually monitor statistics and surveys

In addition to care for homebound patients, VNA provides community clinics. VNA nurses bring foot care, cholesterol testing, and health screening to several Johnson County locations, and vaccinations to schools and businesses.

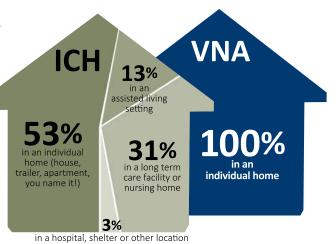
Community Clinics

**COVID Vaccines** Flu Shots

146 **Foot Care Patients** 

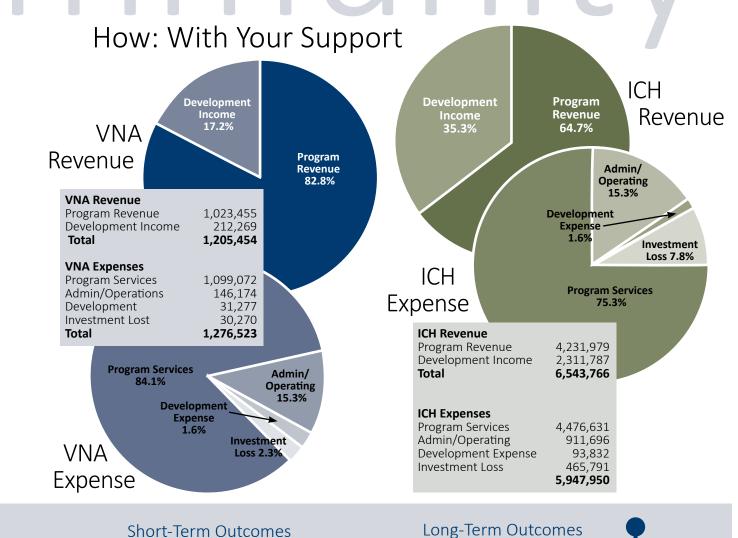
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**56** Cholesterol Patients Health Screening Patients



to make sure our patients and caregivers are receiving the quality care they deserve. Any problem areas are immediately addressed with improved training, clear expectations, and when necessary, revised procedures.

Resources to Ensure Compassionate Care for Years to *Come:* Home care and hospice are still very attractive markets for private equity firms and corporations. As more and more for-profit home and hospice care companies set up shop in our area, it is essential to our mission that we offer a viable alternative valuing patients over profits. Statistics show that for-profit hospices increase corporate profits by providing fewer clinician visits and declining patients who have complex or costly rely on donations, grants, and investments to meet this commitment. We continually revisit our donor records, assess our special events, and research new grants to





Integrated Staff with Shared Culture: A renewed positive spirit Professional Staff Committed to the Organization's Mission: In spite of the worldwide healthcare staff fills our work. The division between Iowa City Hospice and VNA is barely visible, as most admin staff serve both entities shortage, we have continued to hire outstanding employees who truly believe in our mission. Many of our seamlessly. From public recognition of achievements to a staff have been with us more than a decade, and one remodeled staff break room, we continually show appreciation celebrated her 45th anniversary with VNA this year! for our staff. Extra kudos to our "Culture Club," a volunteer group of employees constantly coming up with new events

care needs. We have stayed true to our commitment to anyone in our community needing our services. We find new and sustainable funding sources.

# als Integrated Staff with Shared 0 Culture 9 ation Clinical and Organizational Compliance <u>=</u>



#### 2022 Donor Roll

\$10.000 and above Donna Crawford\* Patricia Fisher\* Wayne and Margaret Goode Revocable Trust Christine Grant\* Hills Bank and Trust Company Helen Hubler\* J.P. Morgan Charitable Giving Fund

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#### \*deceased

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Find complete donor listings at

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#### **Employee Donors**

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#### Ways to Give

Melinda Wings

As 501(c)(3) nonprofit organizations, Iowa Care Community, Iowa City Hospice, and VNA reinvest every dollar earned or donated into patient care, staff support, and community service. Every gift helps us continue our vital services and secure a sustainable future. Endowment gifts are investments in a stable future through the Community Foundation of Johnson County. Planned giving: being

remembered in your will is an honor we do not take lightly. Please consult your lawyer or financial professional to include us in your estate plans.

iowacityhospice.org/annual report

#### Leadership

Iowa Care Community Board of Directors

Catherine Pugh, Chair, Executive Committee Chair Owner/Agent, Urban Acres Real Estate

Nicole Brogden, Chair-Elect

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Employee Benefits Specialist, Relion Insurance Solutions

Dr. Minyon Rittgers-Easton Physician, MRE Family Care Clinic

Ben Russell Realtor, Urban Acres

Tammy Sebolt Nurse Manager, UIHC

Iowa Care Community Leadership

Sara Krieger Chief Executive Officer

Karen DeGroot Chief Financial Officer

Sara Caven Clinical Director

Michelle Weckmann, M.D. **Medical Director** 

Karen Cox

Director of Human Resources

Mike Zieser

Director of Information Systems

Pete Milder

Director of Finance and Operations

### Ask for Us By Name!

#### All hospice and home care is not the same!

Iowa City Hospice and Visiting Nurse Association of Johnson County have spent decades building their reputations by providing compassionate health care at home.

We have a lot of competition, which can lead to confusion. Sometimes we are contacted by caregivers and patients who thought they enrolled in our services, only to discover they signed up with a different agency. To make sure your hospice care is coming from Iowa City's only community-based nonprofit hospice, ask for Iowa City Hospice by **name**. Home care referrals typically come from physicians, so if you want Visiting Nurse Association nurses and therapists, tell your doctor you prefer VNA services.

What makes ICH and VNA better choices? We put patients over profits.

By our nonprofit charters, we have a **mission to** serve our patients and community. Profit-focused corporations have to focus on shareholder returns.

Our objective is what's best for the patient and their individual goals of care. We take patients of any income level or social status, and provide the best possible care for those with even the most expensive health conditions.

All our decisions are made right here in offices in the heart of our territory. We're not building nationwide networks or investment portfolios, so we can concentrate on serving our neighbors.

How can you tell if a hospice or home care **organization is a nonprofit?** Visit their website – if their URL ends in .org, chances are they are a nonprofit. If it ends in .com, most likely not. If they accept donations, look for their 501(c)(3) status, which they'll definitely mention for tax purposes. You can also search the internet for nonprofit tax filings and charity ratings.





Iowa Care 🗘 🗀 Community 🗔

**Iowa City Hospice** 1526 Sycamore Street Iowa City, IA 52240 800-897-3052

www.iowacityhospice.org

1524 Sycamore Street Iowa City, IA 52240 866-862-6877 www.vnaic.org

**VNA of Johnson County** 

**Iowa Care Community** 1522 Sycamore Street

Iowa City, IA 52240 800-897-3052

www.iowacarecommunity.org