



Bereavement Support

Bereavement Luncheons

A social luncheon, open to all bereaved, that provides an opportunity to connect and share common experiences with others.

Luncheons are held the 4th Thursday of each month in Kalona. They are held at JW Foods, 122 E. Ave and begin at 11:30 am.

Grieving Your Spouse or Partner

A professionally led, ongoing support group for individuals who have lost a spouse or partner. The group meets the 2nd and 4th Wednesdays of each month at Iowa City Hospice office, from 5:30 pm - 6:30 pm.

Understanding Your Grief: 7-Session Support Group

A professionally led, 7-session grief support program open to adults in the community and surrounding area who are dealing with the death of a loved one.

Please contact us for information on upcoming dates/locations. **Pre-registration required.**

Kamp Kaleidoscope

A professionally led, one-day Day Camp for children and teens between the ages of 5 – 17 who have lost a loved one.

Lunch, beverages, and snacks provided. Please call us at 319-351-5665 for date of next camp.

Pre-registration is required.

**Also, we encourage you to explore the following groups sponsored by
*Lensing Funeral and Cremation Service:***

Yesterday, Today & Tomorrow (YTT)

A self-help support group for any adult who has experienced a death.

Meets the 3rd Wednesday of the month at the Kirkwood Room in Iowa City, from 5:15 pm – 6:30 pm. Call 319-338-9171 for more information.

Living Through Loss (LTL)

An educational program for bereaved individuals that provides a supportive environment to receive education, support and resources to help with loss. Topics vary.

Meets the 1st Wednesday of the month at the Kirkwood Room in Iowa City, from 5:15 pm – 6:30 pm. Call 319-338-9171 for more information.