

# 2015 Report to the Community

“With my advance directive,  
I know I will have a voice  
if the time comes when  
I cannot speak.”

A community member



## Honoring Your Wishes Celebrates Five Years as a Community-Wide Advance Care Planning Initiative

2015 proved to be a remarkable year for Honoring Your Wishes. In December, we celebrated our fifth year! Multiple organizations throughout the community worked extremely hard to promote advance health care conversations and improve systems, helping to ensure that health care preferences are honored.

Thank you for your dedication to and support of Honoring Your Wishes™.

*Jane Dohrmann, LISW, ACHP-SW*

## Highlights:

**Sixty-four people** became Respecting Choices First Steps and Last Steps® Certified Advance Care Planning Facilitators throughout the year, totaling 284 since 2011.

**Six health care organizations** participated in an advance directive audit which showed that 39% of medical charts had advance directives, demonstrating a 15% increase from 2014.

**Eleven care centers** participated in an Iowa Physician Orders for Scope of Treatment (IPOST) audit which showed a 57% presence of IPOSTs in residents' charts, demonstrating a 30% increase from 2014.

# Promoting Conversations

## “Consider the Conversation 2”

The Senior Center, in collaboration with Honoring Your Wishes, hosted the viewing of the documentary “Consider the Conversation 2” on April 16, 2015. One hundred and twenty-five people attended the event. The film was also shown on City Channel 4.



Margaret Reese and Dennis Reese share their views in “Personal Perspectives on Advance Care Planning.”



Nicole Peterson presents an overview of IPOST.

## Advance Care Planning Videos Released

The Senior Center also produced three videos on advance health care planning. The first and second videos feature community leaders' perspectives on the importance of having conversations with family, friends, and health care providers. The third video provides an overview of Iowa Physician Orders for Scope of Treatment (IPOST).

**The videos may be viewed at [www.honoringyourwishes.org](http://www.honoringyourwishes.org).**

“Amazing. So powerful. This perspective is so very important. Wonderful conference.”

Attendee

# Professional Advance Care Planning Conference Held

Emily Light, Community Outreach Specialist at the Senior Center (right), was awarded the Dianne Day Community Champion award for her leadership in promoting advance care planning. Dianne Day's sister, Marilyn Skrivseth (left), presented the award.



Seventy-five health care professionals and community leaders attended an advance care planning conference held on October 8, 2015, an event hosted in collaboration with University of Iowa Health Care.

As a part of the conference, Honoring Your Wishes project leaders shared their successes, challenges, and lessons learned promoting advance care planning within their respective organizations.

Mercedes Bern-Klug, UI School of Social Work, presented on the implementation of IPOST at Lantern Park Nursing and Rehabilitation Center and Iowa City Rehabilitation and Health Care Center. The project entitled “Honoring the Care Wishes of Nursing Home Residents” was funded by a ChangeAgent grant from the John A. Hartford Foundation.



Care center team leaders pictured from left to right first row: Stacey Clennon and Amanda Knight, Lantern Park Nursing and Rehabilitation Center; second row: Deb Larson and Carly Lippert, Iowa City Rehabilitation and Health Care Center. Photo by Sharon Volkens, University of Iowa Health Care



Team leaders pictured left to right: Jane Dohrmann, Iowa City Hospice; Anna Moyers Stone, MidWestOne Bank; and Jen Adams, UI Holden Comprehensive Cancer Center. Photo by Sharon Volkens, University of Iowa Health Care



ChangeAgent leaders pictured from left to right: Nicole Peterson, UI College of Nursing; Mercedes Bern-Klug, and Jane Dohrmann. Photo by Sharon Volkens, University of Iowa Health Care





Advisory Board members pictured from left to right: Margaret Reese, Karla Earnest, Lori Erickson, Jeff Ritchie, Jane Dohrmann, Sarah Maiers, Christine Scheetz, Linda Kopping, Pat Heiden

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Honoring Your Wishes™ is a community-wide initiative under the leadership of Iowa City Hospice and a community-wide advisory board. Its mission is to promote a community-wide advance care planning process in which individuals' health care preferences are discussed, documented, and honored by families, friends, and the health care community.