



Bereavement Support **September 2015 – December 2015**

Bereavement Luncheon

A social luncheon, open to all bereaved, provides an opportunity to connect and share common experiences with others.

Thursdays at 11:30 am.

At **Kalona Bakery**, (209 5th Street, Kalona, 319-656-2013)

September 24, November 12

At **Farmer's Diner**, (2300 Park Ave, Muscatine, 563-263-2224)

October 22, December 17

To RSVP or for more information contact Donita Hermsen at 319-688-4206 / donita.hermsen@IowaCityHospice.org.

Understanding Your Grief

A professionally led, ongoing support group for individuals who have lost a spouse or partner within the last three years.

5:15 pm – 6:30 pm, the 2nd and 4th Wednesdays

At **Iowa City Hospice, 1025 Wade Street, Iowa City**

September 9 & 23, October 14 & 28, November 11 & 25, December 9 & 23

To RSVP or for more information contact Jeff Barton at 319-688-4217 / jeff.barton@IowaCityHospice.org.

Children's Support Group

KUL ages 5-10 & **ROLL** ages 11-15

Pizza and beverages are served at 6pm

Groups: 6:30pm - 7:30pm

At **Iowa City Hospice, 1025 Wade Street, Iowa City**

Tuesday, October 13 & Tuesday, December 8

Parents/Guardians meet separately while their children are meeting. **Please RSVP**

To RSVP or for more information contact Donita Hermsen at 319-688-4206 / donita.hermsen@IowaCityHospice.org. or Jeff Barton at 319-688-4217 / jeff.barton@IowaCityHospice.org.

Fall Memorial Service

Please join us as we honor patients cared for by Iowa City Hospice this past year. We encourage you to bring a picture, a story &/or a memento of your loved one to share during the service.

Tuesday, October 27, 5:30 pm

Kirkwood Room, 515 Kirkwood Avenue, Iowa City

To RSVP (required) or for more information contact Donita Hermsen at 319-688-4206 / donita.hermsen@IowaCityHospice.org.

Writing Through Loss

An opportunity to consider how writing can be a way of remembering, putting things into new perspective, and processing your grief. Please join Patrick Dolan Ph.D. and ICH staff as they share their expertise and encouragement

Saturday, October 24, 9 am – 12 pm

At **Iowa City Hospice, (1025 Wade Street, Iowa City)**

To RSVP or for more information contact Jeff Barton at 319-688-4217 / jeff.barton@IowaCityHospice.org.

Yesterday, Today & Tomorrow (YTT)

A self-help support group for any adult who has experienced a death.

5:15 pm – 6:30 pm, the 3rd Wednesday of the month

Kirkwood Room, 515 Kirkwood Avenue, Iowa City

September 16, October 21, November 18, December 16

Living Through Loss (LTL)

An educational program for bereaved individuals that provides a supportive environment to receive education, support and resources to help with loss. Topics vary.

5:15 pm – 6:15 pm, the 1st Wednesday of the month

Kirkwood Room, 515 Kirkwood Avenue, Iowa City

September 2, October 7, November 4, December 2

Call (319) 338-9171 for more information about YTT or LTL.

Sponsored by: **Lensing Funeral & Cremation Service**



1025 Wade Street
Iowa City, Iowa 52240

www.IowaCityHospice.org

Fall Memorial Service:

A Memorial Service will be held on Tues, Oct. 27, 2015 at 5:50pm at the Kirkwood Room, 515 Kirkwood Ave. Please join us as we honor patients cared for by Iowa City Hospice this past year. We encourage you to bring a picture, story or memento of your loved one to share during the service if you choose to do so.

For more information or to RSVP (required for attendance) please contact Donita Hermsen at 319-688-4206 or donita.hermsen@iowacityhospice.org.