

## Why choose Iowa City Hospice?

### Respect. Comfort. Peace of mind.

As the oldest, most experienced hospice in the area, Iowa City Hospice brings an unmatched combination of:

- A personalized approach to patient, caregiver, and family care,
- Highly-qualified, experienced staff, and
- A large, dedicated volunteer base.

The result? Respect for individual choices. The comfort and peace of mind that comes from knowing you and your loved ones are cared for well. Individualized care plans and the most appropriate scope of hospice and bereavement services.

### Iowa City Hospice is the specialist in Southeast Iowa

Iowa City Hospice provides the same quality care to every patient in our seven-county service area, regardless of their disease, age, background or ability to pay.



## Iowa City Hospice is your community-based, not-for-profit provider

Iowa City Hospice is our area's **not-for-profit** provider of hospice care and grief support services. Since 1983, our mission has been to help people **add life to each day** with comfort and dignity in mind. Referring physicians consistently give Iowa City Hospice's care excellent marks, averaging 4.6 on a 5-point scale and 99.4% of families and caregivers would recommend our services to others.

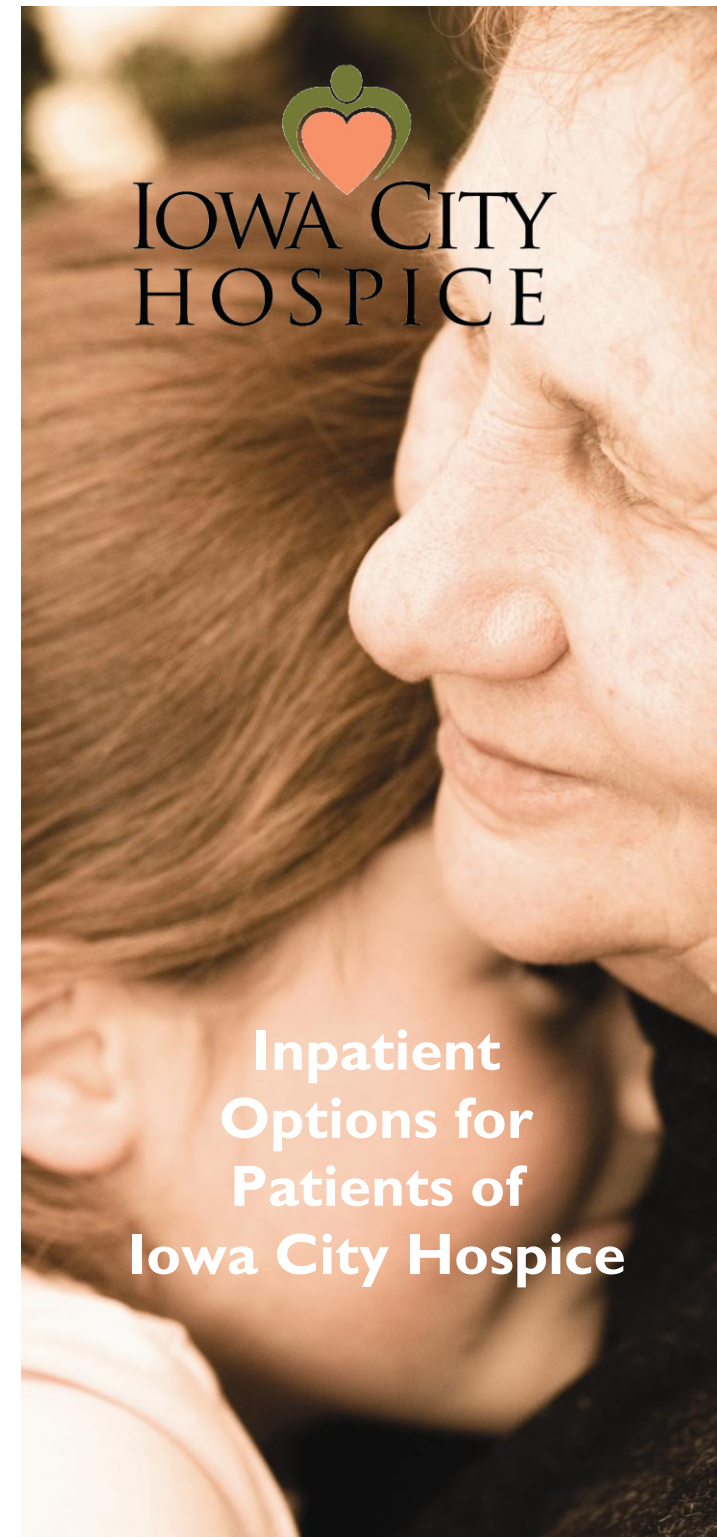
We offer care to patients, their families and friends throughout the dying and grief processes. Our staff also provides continuing education workshops and presentations on a variety of topics to support our healthcare partners and inform community groups in our seven-county service area.

*At Iowa City Hospice, we believe everyone deserves the best end-of-life care available, regardless of insurance status or ability to pay. Donations help ensure that our exceptional care is available to anyone who needs it. To make a gift, call us at one of the numbers below, or donate online at [www.iowacityhospice.org](http://www.iowacityhospice.org).*

### Contact Us To Learn More About Iowa City Hospice:

[www.iowacityhospice.org](http://www.iowacityhospice.org)

(319) 351-5665 (800) 897-3052  
1025 Wade St., Iowa City, IA 52240  
[info@iowacityhospice.org](mailto:info@iowacityhospice.org)



Inpatient  
Options for  
Patients of  
Iowa City Hospice

In addition to routine care in a patient's own home or residential care facility, an Iowa City Hospice patient can receive care as an inpatient in a hospital or care facility under specific circumstances.

For patients receiving Medicare benefits, there are two levels of short-term inpatient care available: **general inpatient care** for pain control and symptom management, and **inpatient respite care** for the relief and rest of the patient's caregiver. The Iowa City Hospice Interdisciplinary Team continues to provide care during these short inpatient stays.

## General Inpatient Care

When the physician, Iowa City Hospice Interdisciplinary Team, patient and caregiver believe pain and symptoms cannot be effectively managed at home, the patient may be admitted to a hospital or care facility for short-term general inpatient care.

The length of stay for general inpatient care is based on the Iowa City Hospice patient's condition and acute need, not any specific numbers of days. Typically, the patient is in the hospital setting for less than a week.

## General Inpatient Care is Appropriate When:

- interventions provided at home have not effectively managed the pain and/or symptoms (such as nausea/vomiting, respiratory distress, open lesions or ongoing deterioration).
- complicated technical interventions are needed.
- frequent evaluation, medication adjustments, or care by a physician or nurse are necessary.
- death is imminent and skilled nursing is required.
- a patient not previously in hospice care elects the Medicare Hospice Benefit at the end of a hospital stay, and remains in need of pain control or symptom management that cannot feasibly be provided in the home setting.

## A Patient May Be Discharged from the General Inpatient Level of Care When:

- the medical and/or psychosocial reason for the patient's admission has been stabilized for 24 hours.
- no medication adjustment or changes in care have been made within a 24-hour period of time.
- an appropriate discharge plan has been developed.
- the patient is transferring to another level of care.

## Inpatient Respite Care

This level of care provides respite when a family member or caregiver needs relief and rest from caregiving duties. Inpatient respite care is generally provided at the request and with the consent of the primary caregiver.

The Iowa City Hospice patient can spend up to five consecutive days in a hospital or long-term care facility; there is no limit on the number of these stays. Respite care does not require that a worsening of the patient's condition precede the respite stay.

After the stay, the patient returns to the home setting and the family member or caregiver resumes care. Inpatient respite care is a short-term, temporary stay, rather than a long-term solution for care.

## Inpatient Respite Care is Appropriate When the Caregiver:

- feels that, with short-term relief from caregiving responsibilities, he or she could resume or continue caring for the patient at home.
- is temporarily unable to provide care to the patient because of personal illness.
- needs to go out of town overnight.